



## Quick Links

[Student Services Department](#)

[Senior Privilege Information](#)

[Senior Parking Permit Information](#)

[Junior Privilege Application Information](#)

## CONESTOGA SPORTS SCHEDULES

Daily sports schedules for Conestoga High School athletic teams are available online at [www.digitalsports.com](http://www.digitalsports.com) by entering "Conestoga High School." Please contact the CHS Athletic Office, 610-240-1024, for additional information.

Follow us on twitter!  
[@StogaAthletics](#)

## CLASS PARENT ORGANIZATIONS

### Class of 2015

Senior Parent Luncheon:  
May 20th at Tracey Prestipino's House  
More Information and Sign Up Sheets  
to follow.

### Class of 2016

### Class of 2017

### Class of 2018

## Senior Internship Program

The members of the Class of 2015 are finalizing their plans for the upcoming Senior Internship Program. The final forms, which include the Sponsor Agreement, Student Proposal, and Parent Release, will be collected in the Main Lobby during all lunches beginning on Thursday, April 9. The students will also be asked to submit the course fee of \$2 to cover the cost of the required journals and the mailings involved throughout the process. Completing academic requirements, settling debts and making final arrangements with the many community members who have agreed to sponsor the internships are the final hurdles to be completed by Thursday, April 30 in order for seniors to participate. During the process of choosing career areas and finding sponsors, seniors have learned much about networking, persistence and the importance of answering emails and responding to written correspondence! This is just the beginning of what will be valuable learning experiences about life in the outside world.

Parents, students, faculty advisors and community sponsors will receive mailings toward the end of the program seeking their input on the experience. The parent and student evaluation forms should be returned with the completed student journals when the students meet in the gym for the mandatory commencement rehearsal on Monday, June 1.

Questions may be addressed to Pattie Littlewood, Program Coordinator, at (610) 240-1913 or at [littlewoodp@tesd.net](mailto:littlewoodp@tesd.net). The Senior Internship Advisory Committee and Mrs. Littlewood wish for an exciting and rewarding experience for each participating

## Health Curriculum Reminder - SOS Program

As you may recall from the letter sent to ninth grade parents in the summer mailing, Conestoga is offering depression awareness and suicide prevention training as part of the health wellness curriculum using information from a research based program, the Signs of Suicide® (SOS) Prevention Program. Ninth grade students will take part in the SOS program during the mental health unit of their Health & Fitness course. Ninth grade

## Volunteers Needed

Parents play an active role in supporting the activities of Conestoga. Last year, more than three hundred parents and community members donated their time-some regularly and some on a one-time-only basis.

In addition to helping with clerical work, mailings, supporting class projects and student activities, and driving students to special events, there are opportunities for volunteers to speak to students about their careers.

Please contact Pattie Littlewood, Coordinator of Volunteer Services, at [littlewoodp@tead.net](mailto:littlewoodp@tead.net) or at 610-240-1913, if you are interested in being involved in these or other activities at the high school.

Thank you for your ongoing interest in and support of Conestoga.

## NCAA and Student Athletes

Students athletes considering playing collegiate sports should familiarize themselves with NCAA course requirements. Students are encouraged to speak with their assigned counselor to discuss further and visit the NCAA Eligibility Center website at [http://web1.ncaa.org/EC/WEB2/NCAA\\_EMS/NCAA.jsp](http://web1.ncaa.org/EC/WEB2/NCAA_EMS/NCAA.jsp).



students who had Health & Fitness in the fall took part in the SOS program from November 10 - 14, 2014. Ninth graders currently enrolled in health for the spring semester will take part on April 7 - 13, 2015. Health teachers will deliver SOS program instruction, including a DVD entitled "Friends for Life" and related follow-up discussions. A member of the school counseling team will be present during and after the lessons to collect confidential response cards voluntarily completed by students who feel that they or a friend might need help. Counseling team members will also provide immediate, confidential follow-up for any students requesting help after the SOS lessons.

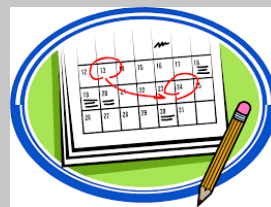
Our goals in presenting this course content using the SOS Prevention Program are:

- To help students understand that depression is a treatable illness
- To explain that suicide is a preventable tragedy that often occurs as a result of untreated depression
- To provide students training in how to identify serious depression and potential suicidal thoughts in themselves or a friend
- To impress upon youth that they can help themselves or a friend by taking the simple step of talking to a responsible adult about their concerns
- To help students know which adults in the school they can turn to for help, if they need it

Helpful information for parents can also be found at:

<http://www.paloaltoonline.com/news/print/2015/03/16/guest-opinion-keep-calm-and-parent-on>

## 2015-2016 School District Calendar Information



Please visit the T/E School District web site to view the [2015-2016 School District Calendar Information](#) or click on the link below to view the 2015-2016 School District Calendar Information. School staff members are beginning to plan events and activities for the 2015-16 school year. Parents are encouraged to check the calendar after June 1, 2015 for dates of school events and activities.

[2015-2016 School District Calendar Information](#)

**Student Services Update:**  
**'STOGA GUIDANCE**  
**Now on Twitter!**



@stogaguidance

Follow the Conestoga Guidance Department on Twitter for the latest updates on Guidance events and college information!  
Follow us on Twitter @**StogaGuidance** .

### CHS Athletics Now on Twitter!



@stogaathletics

Stay up to speed on the latest with 'Stoga Athletics. Follow us on  
Twitter @**StogaAthletics** .

### Volunteer Clearances Update



Thanks to all of you who have already completed or are in the process of completing the background clearances that will be required to volunteer in our schools next year. While there are certain volunteer opportunities that do not require clearances, we are encouraging our active volunteers to obtain the clearances as soon as possible so they can support all the many opportunities that are offered in our schools. Please submit your clearance confirmations to the Human Resources Department at the District Administration Offices via email at [volunteerclearances@tesd.net](mailto:volunteerclearances@tesd.net) or by mailing them to:

Tredyffrin/Easttown School District  
Human Resources Department  
940 West Valley Road, Suite 1700  
Wayne, PA 19087

Please send in your clearances by July 1, 2015, to insure that you are available to volunteer at the beginning of the next school year. We would also encourage you to send the completed forms all together to make the process simpler.

There are three clearances required:

- The Pennsylvania Criminal Background Check
- The Pennsylvania Child Abuse History Clearance
- The Federal (FBI) Criminal History Clearance

**OR**

A signed and witnessed waiver for ten year residents of Pennsylvania.  
Your signature on this form can be witnessed by any adult.

[Click here to download the FBI Clearance waiver for ten-year residents of Pennsylvania.](#)

[Click here for information on how to obtain clearances.](#)

Thanks so much for your continuing support of the students and the staff of the T/E schools.

Sincerely,

Pattie Littlewood  
Community and Volunteer Services Coordinator  
[littlewoodp@tesd.net](mailto:littlewoodp@tesd.net)  
610 240-1913

## **Class of 2015 Reflections Ceremony**

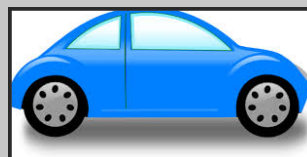
**SAVE THE DATE: June 1, 2015 - 7 pm**

Reflections is a non-denominational event that is held at Daylesford Abbey for the Conestoga High School's Graduating Class of 2015 and their parents. During the program, selected senior students will take part in musical performances and speeches, celebrating and reflecting on the Class of 2015's school years.

- **Senior SPEAKERS needed** - Reflections speech auditions took place April 14. See Senior Class Advisors, Mrs. Ebarvia (Rm 290) or Mrs. Gately (Rm 292).
- **Senior SINGERS/MUSICIANS needed** - Reflections music auditions were April 15.

Note to parents: Space constraints at the Abbey do prohibit us from inviting more than parents and members of the Class of 2015 to this event. Invitations with more details will be mailed in May.

## **Attention Juniors**



### **Juniors:**

- Parking Permit Applications will be available in the Athletic Office, Main Office, or can be downloaded from the [CHS Website](#) starting on **Monday, April 13**.
- Parking Permit Applications for Eligible Juniors will be accepted

starting on **Monday, April 20**, 2015 in Room 118 (The Athletic Office).

- Parking Privileges will not be available for pick-up until Friday, **May 1, 2015** and can be picked up in the Athletic Office.
- Juniors can begin parking on **Monday, May 4, 2015**. The fee is **\$45.00**.

### **Sample Letter in Support of House Bill 168 - Eliminating Keystone Exams as a Graduation Requirement**

At its meeting on February 23<sup>rd</sup>, the School Board approved a resolution supporting House Bill 168, which eliminates Keystone Exams as a graduation requirement. We have posted the Board's resolution as well as a sample letter in case parents or community members are interested in expressing an opinion about House Bill 168 or the Keystone Exams. Below is a link to information about the Keystone Exams, the sample letter and the Board's resolution. This information is also available on the T/E School District home page at [www.tesd.net](http://www.tesd.net).

[Sample Letter in Support of House Bill 168 - Eliminating Keystone Exams as a Graduation Requirement](#)

### **Upcoming Events**

<b>EVENT</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Snow Day In May Senior Picnic	5/1/2015	11:30 AM	Track
SAT Testing	5/2/2015	8:00 AM	CHS Building
Senior Internship Begins	5/4/2015		
Tri-M Recital	5/6/2015	6:00 PM	Auditorium
AP Testing Begins	5/8/2015		
School Board Meeting	5/11/2015	7:30 PM	CHS Cafe
Service and Leadership	5/13/2015	7:00 PM	Auditorium
Junior Prom	5/16/2015	6:00 PM	Sheraton Valley Forge
CAPCO After Junior Prom Party	5/16/2015	10:00 PM	CHS



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